



**SinfinFamilyHub**

Stronger families through support & friendship

# Summer Launch

## Monday 31 July – Friday 4 August

345 Sinfin Lane, Derby, DE24 9SF Tel: 01332 956967

Come and see us for a range of FREE fun and informative activities, drop-in sessions & workshops for all the family. No need to book – just turn up.



Scan for more information & a full schedule of activities



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# What's happening...

No booking needed and all activities are for 0 – 11 year olds, unless specified otherwise.

## Monday 31 July

10am–12noon	Decorate our Family Hub tree with Derby Theatre Baby Grow and safety information ( <i>0 – walking</i> ) Tiny Talk taster session with Emily ( <i>pre-verbal</i> ) Giant bubble blowing with Rebecca Find out more about Aquarius Meet the Health Visiting team
1–3pm	Baby massage taster session with Carole ( <i>pre-mobile</i> ) Meet the Infant Feeding Team for baby safety information, advice and support

## Tuesday 1 August

10am–12noon	Peep taster session ( <i>0–3 years</i> ) Childrens wellbeing activity with Bridge the Gap ( <i>0–11 years</i> )
1–3pm	Let's Talk at Home taster session ( <i>18 months – 4 years</i> ) Stay & play ( <i>0–8 years</i> ) and craft activities ( <i>8+ years</i> )

## Wednesday 2 August

10am–12noon	Stay & play and healthy eating workshop with Derby County Community Trust ( <i>0–8 years</i> ) Play, Dance, Move! with Deda ( <i>0–5 years</i> ) Antenatal Peep and healthy eating session with Emma from Livewell Perinatal mental health information with Alison
12noon–1pm	FREE family lunch for all
1–3pm	Rhyme and story time with the Library Service ( <i>0–8 years</i> ) Buggy walk at Sinfin Moor Park ( <i>meet at the centre at 1pm</i> ) Find out more about Families Information Service

## Thursday 3 August

10am–12noon	Story session with Derby Theatre ( <i>0–8 years</i> ) SEND support and advice from SENDIASS, STePs and Parent-Carers Together Early Support Group with ASD information
1–3pm	First Aid taster session with Nigel Keeping children safe information and advice Fire engine visit by Derbyshire Fire & Rescue Service Stay & play ( <i>0–8 years</i> ) and craft activities ( <i>8+ years</i> )

## Friday 4 August

10am–12noon	Animal / reptile handling with Carl Benefits advice, budgeting and money management with Louise & Maureen Taster sessions with Derby Adult Learning Service Dad's space and mental wellbeing support with Derby County Community Trust
12noon–1pm	FREE chips ( <i>11+ years</i> )
1–3pm	Music workshop Baby People ( <i>8–18 years</i> ) Graffiti workshop with Baby People ( <i>11–18 years</i> ) Sexual health bus ( <i>11+ years</i> ) Sporting Communities bus ( <i>11+ years</i> )