



Derby City Council

My Life, My Journey

# My Identity

Who is important to me?  
and

What is important to me?

Children aged 0-5 with SEND

Name .....

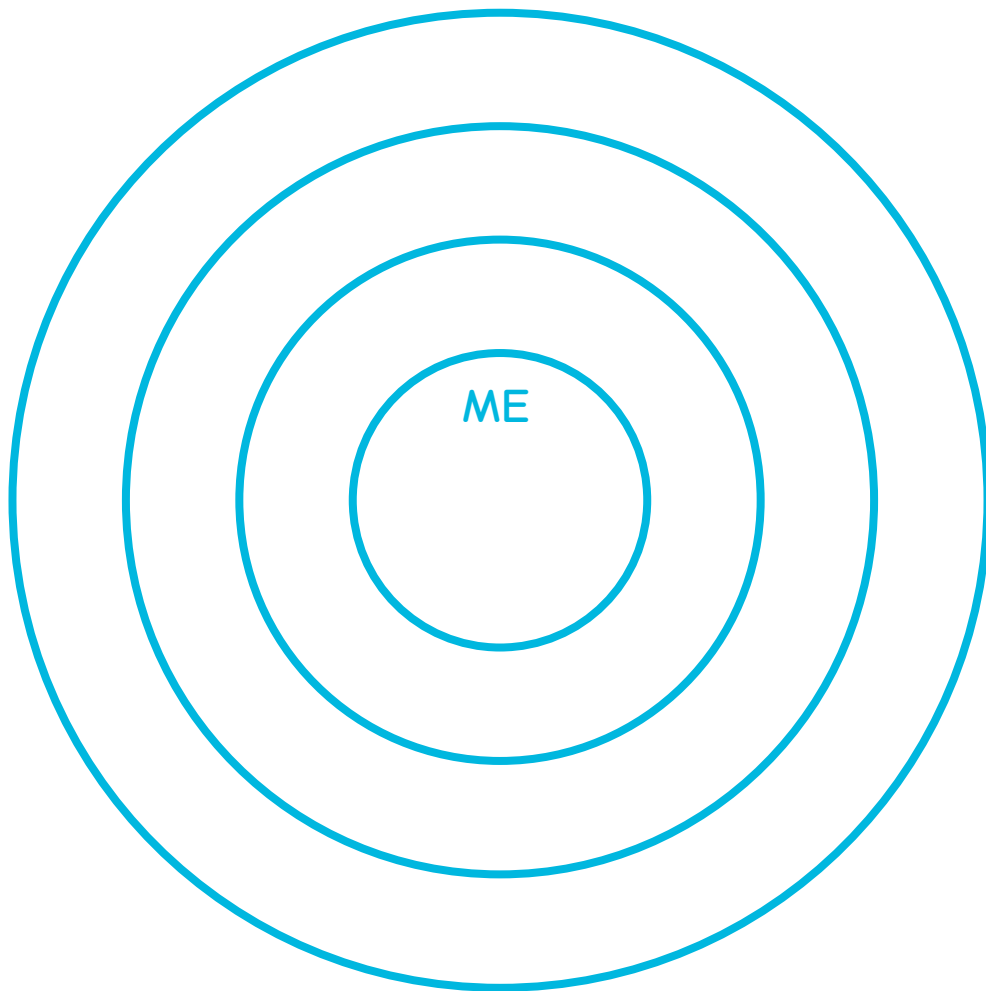
Age .....

Today's Date .....



# My Identity

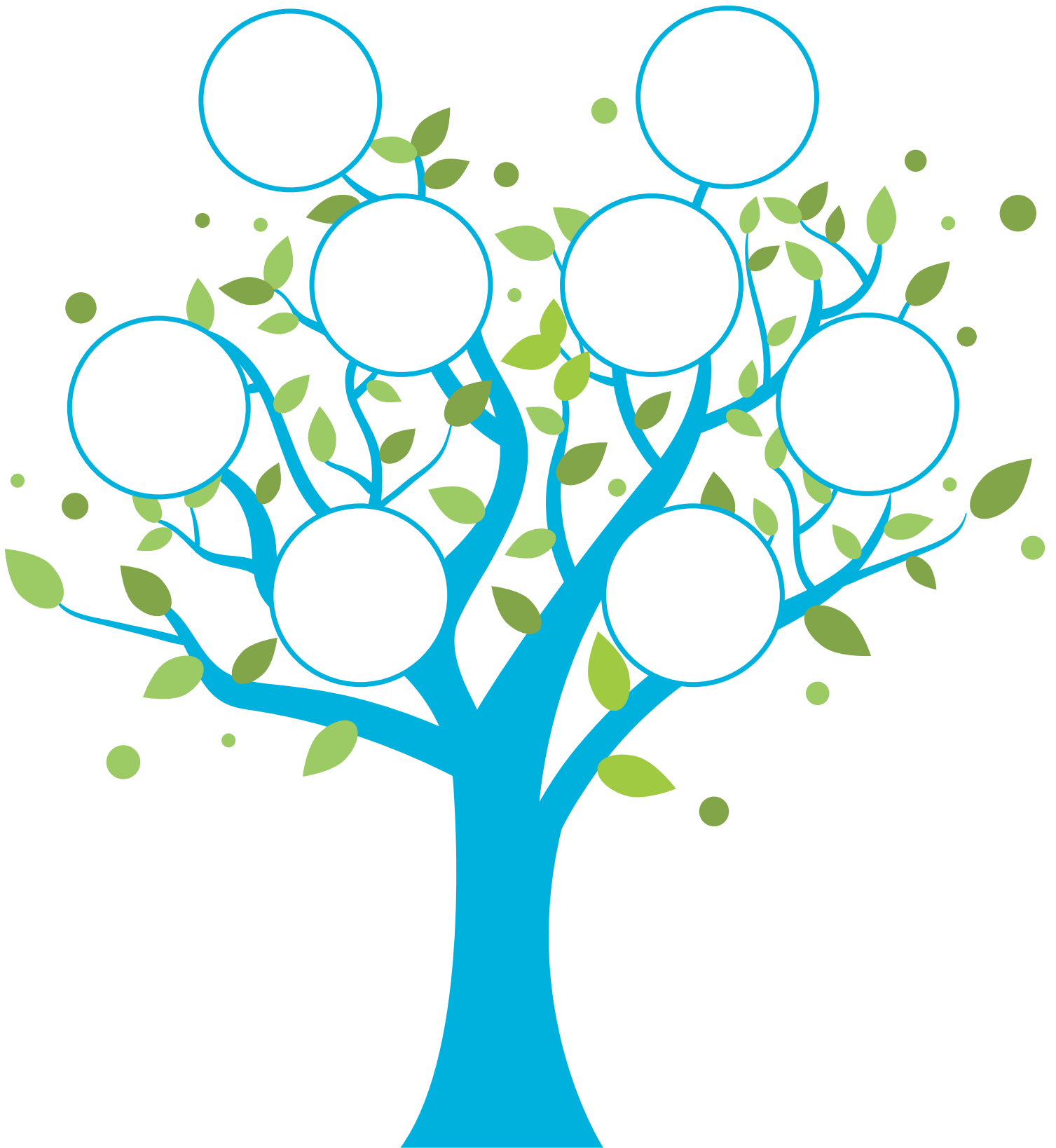
Who is important to me?





# My Identity

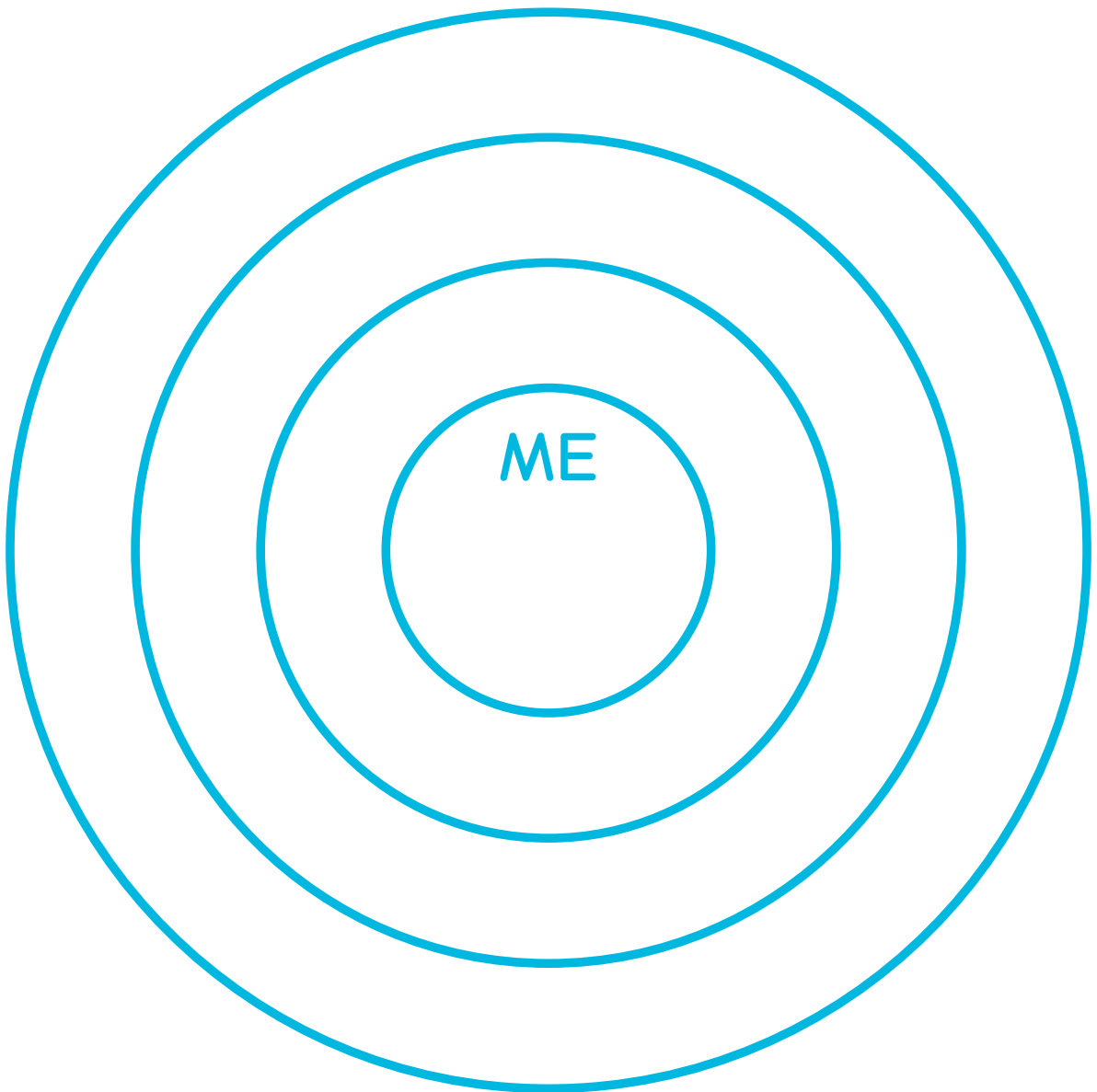
Who is important to me?





# My Identity

What is important to me?







# My Identity

Who is important to me?

Helpsheet 1 – People



Mummy	Daddy
Sister	Brother
Grandparent	Auntie
Uncle	Cousin
Childminder	Friend
Key Worker	



# My Identity

What is important to me?

Helpsheet 2 – Play



Outside play	Messy Play
Construction	Sensory Play
Imaginative Play	Home Corner
Cause and Effect Toys	Electronic/Technology Toys
Singing	Dancing
Dressing up	



# My Identity

What is important to me?

Helpsheet 3 - Sensory



Lights	Sounds
Deep Pressure	Rocking
Tight Hugs	Mouthing Objects / Chewing
Feeling Textures	Bubbles
Water	Sand
Visual Stimulation	Clothing



# My Identity

What is important to me?

Helpsheet 4 - Communication



Objects of Reference	Visuals
Photos	Picture Exchange Communication System (PECS)
Eye Gaze	Pointing
Leading by the hand	Single Words
Babble	Smiling
Gesture	





# My Identity



Who is important to me?

Helpsheet 5 - Where I like to spend my time



Nursery	Pre-School
Home	Mummy's House
Daddy's House	Grandparent's House
Child Minders	Soft Play
Sensory Room	Park
Home Corner	



# My Identity

What is important to me?

Helpsheet 6 - Health



Medication	Doctor's Appointments
Speech and Language Therapy	Occupational Therapy
Physiotherapy	Walking Aids
Sitting Aids	Standing Frame



# My Identity

Who is important to me?

Helpsheet 7 - What I can do for myself



Toileting	Washing Hands
Dressing	Undressing
Walking	Talking
Eating	Drinking
Keeping Safe	Playing
Sharing	



# My Identity

What is important to me?  
Helpsheet 8 - Ethnicity



White British	Black British
Asian British	White European
White Other	Black Caribbean
Black African	Black Other
Dual (Parents with Different Ethnicities)	Indian
Pakistani	Bangladeshi
Chinese	Asian Other
Arab	Romany
Other Ethnicity	





# My Identity

What is important to me?

Helpsheet 9 - Religion



Believer	Non Believer
Attending a Place of Worship	Do not follow a particular faith
More than one religion	Spiritual
Christian	Muslim
Hindu	Buddhist
Sikh	Jewish
Atheist	A multi faith follower
Agnostic	

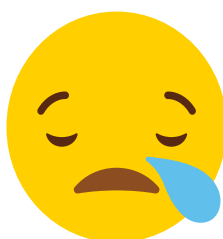


# How are you feeling today?

Happy



Sad



Excited



Sick



Tired



Bored



Confused



Angry



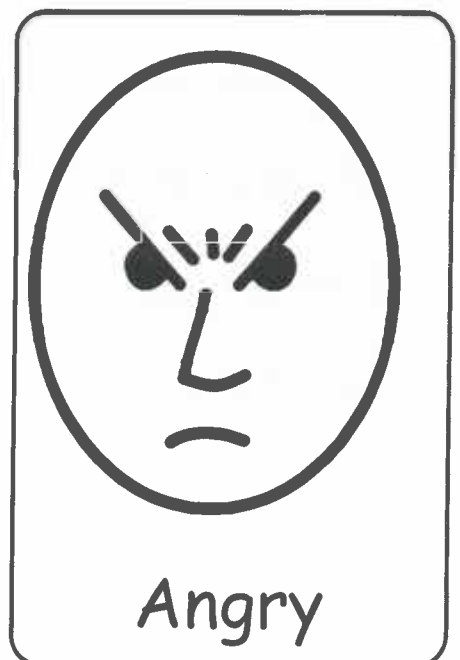
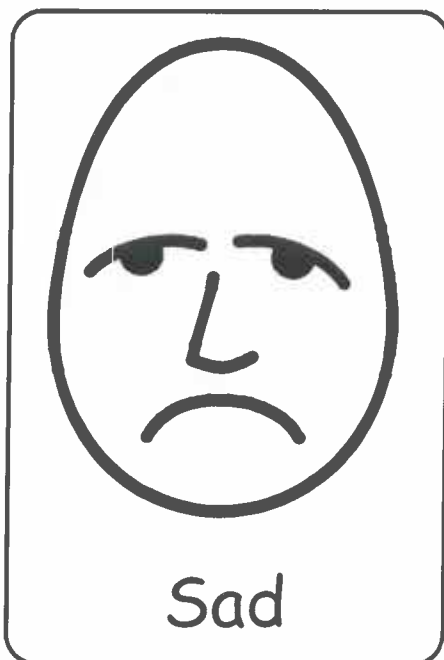
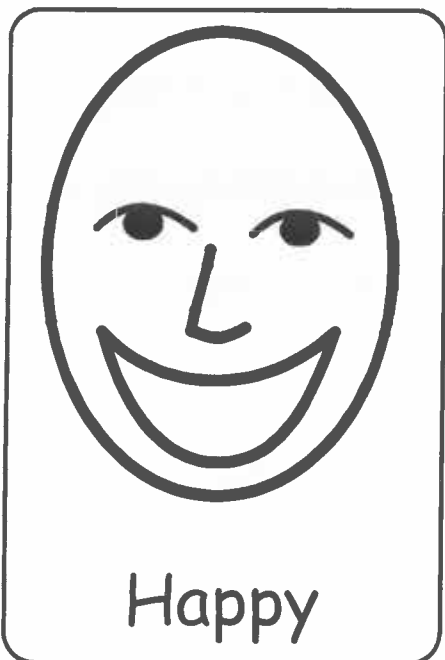
Frustrated





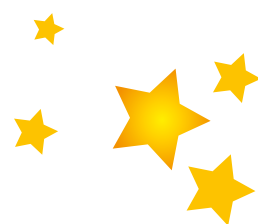
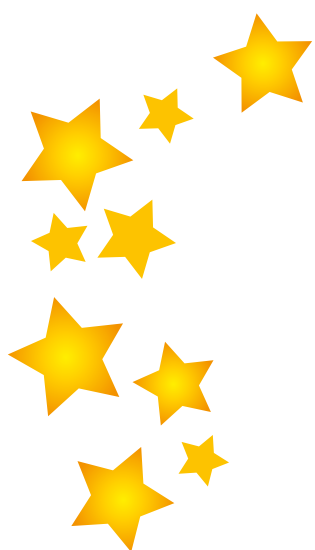
# How are you feeling today?

A large empty rounded rectangular box for writing an answer.





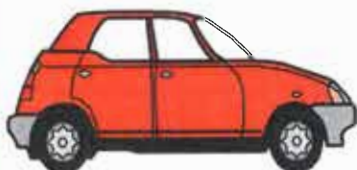
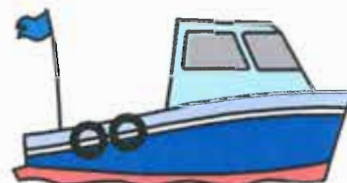
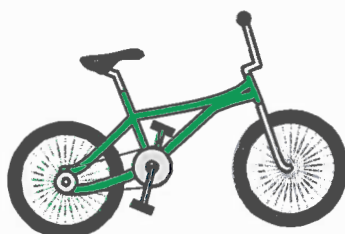
This is what I would  
change by waving my  
magic wand





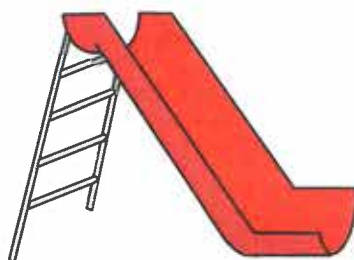
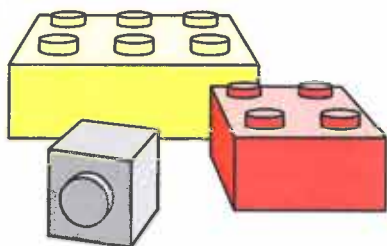
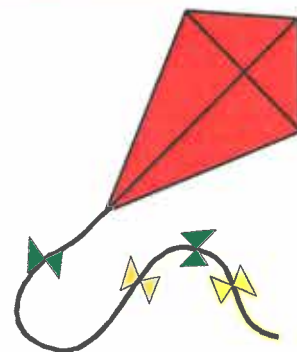
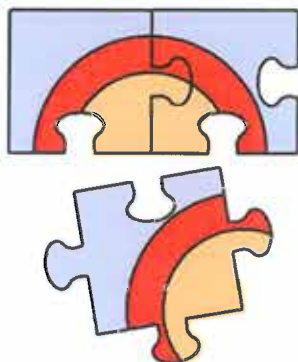
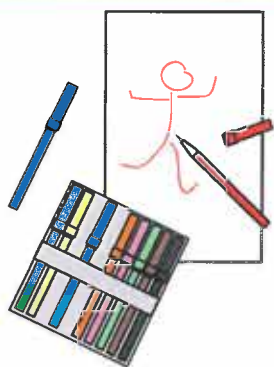
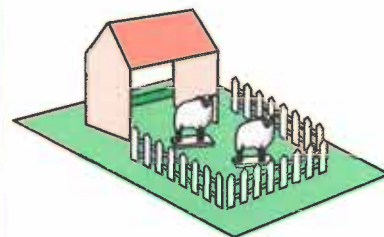
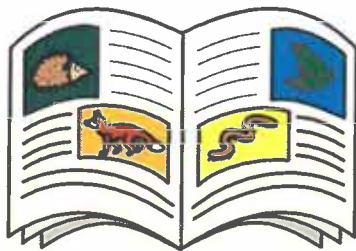


# Communicate in Print Images



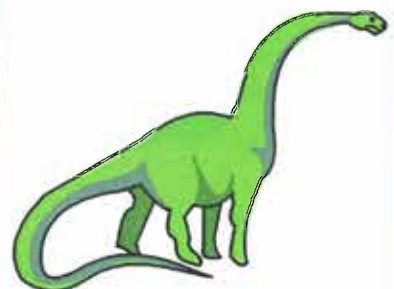
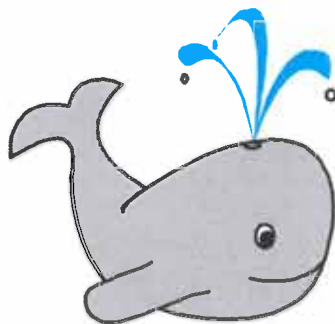
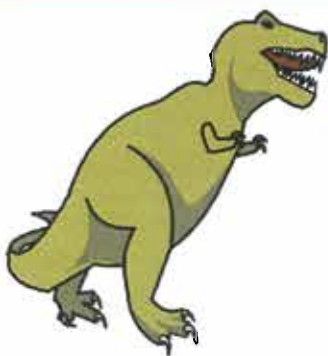
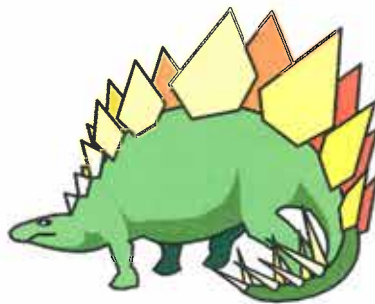
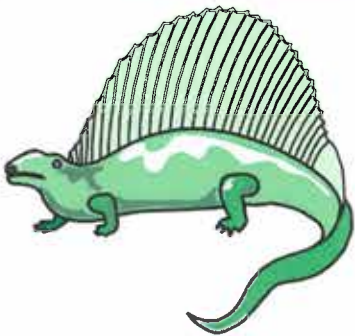
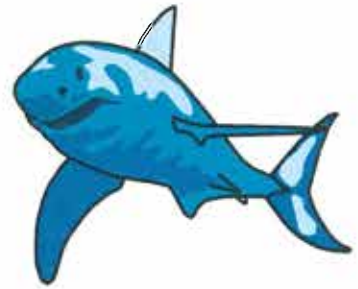
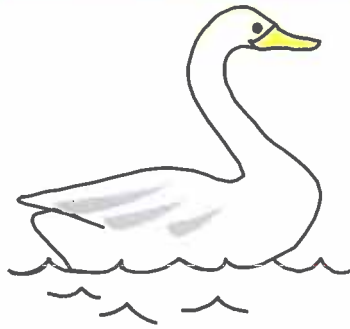
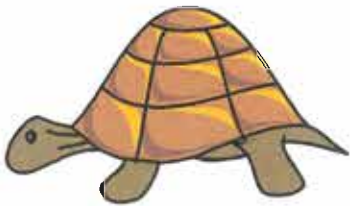
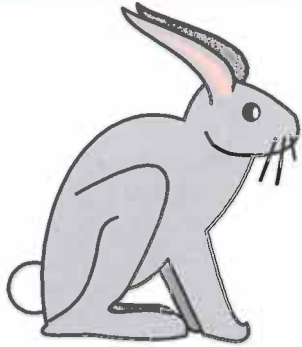


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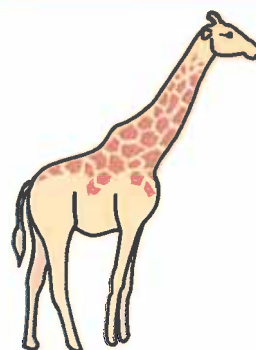
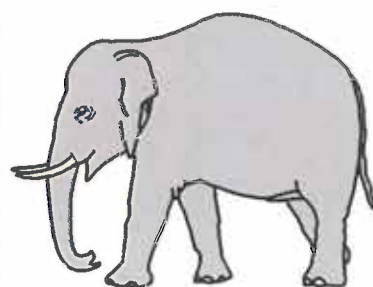
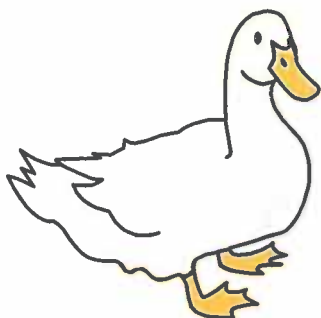
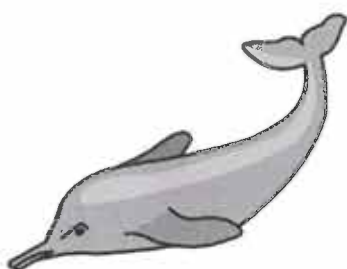
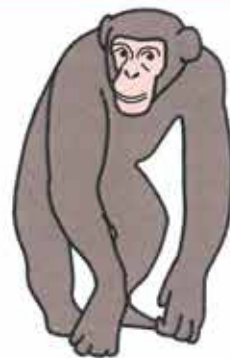
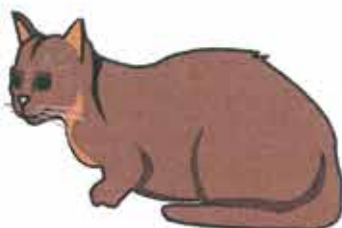
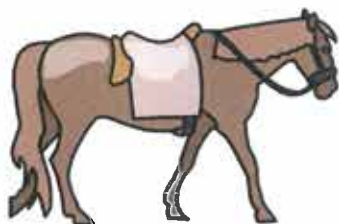
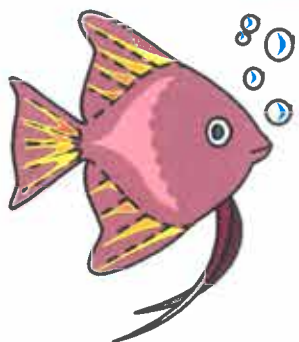
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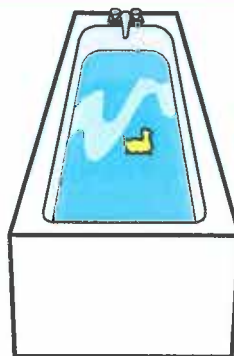
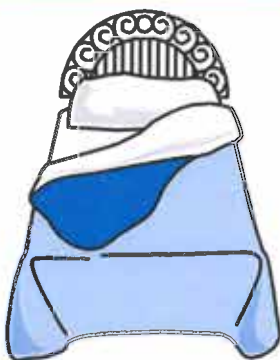
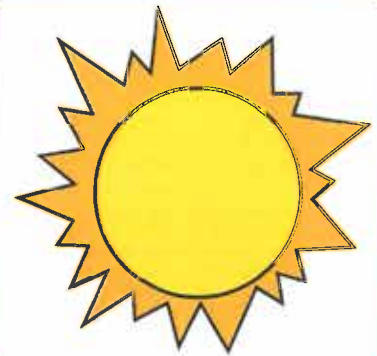
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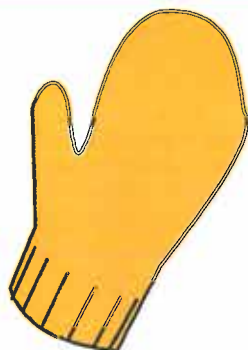
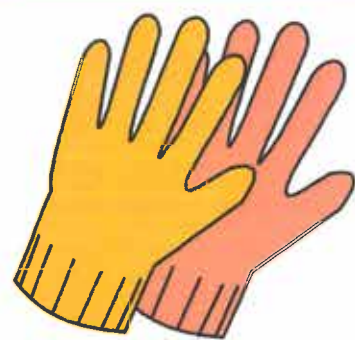
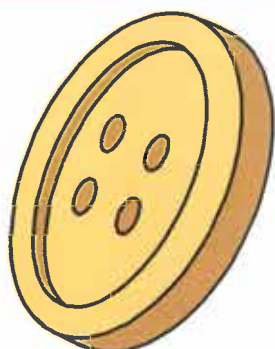


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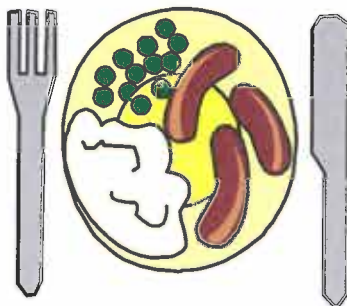
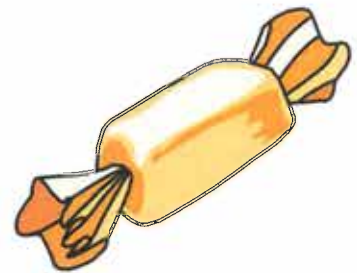
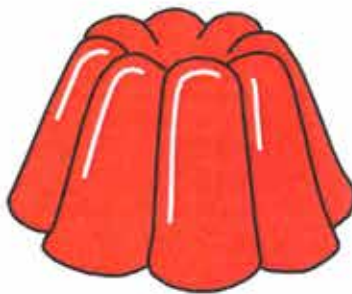
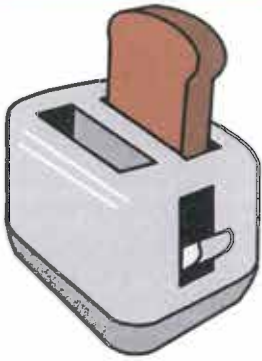
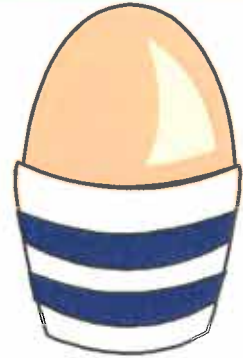
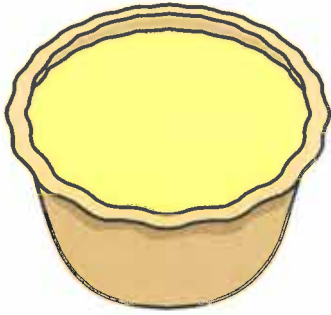
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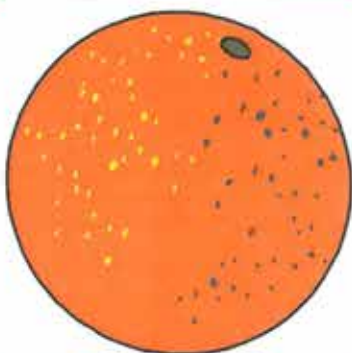
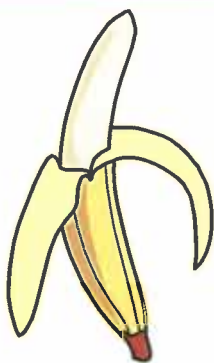


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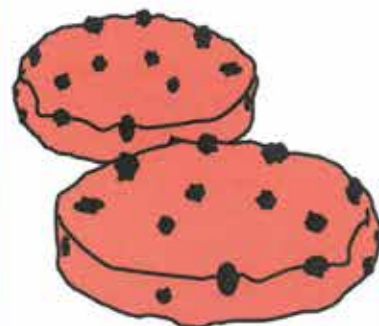
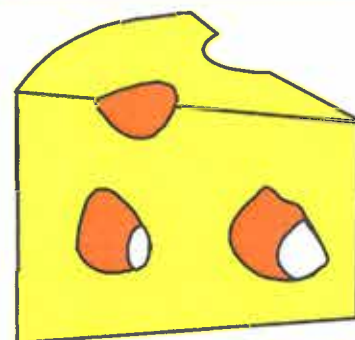
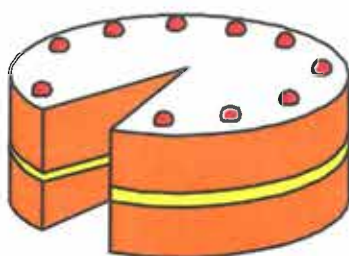
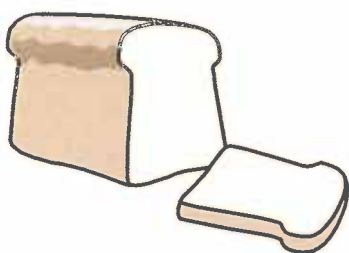
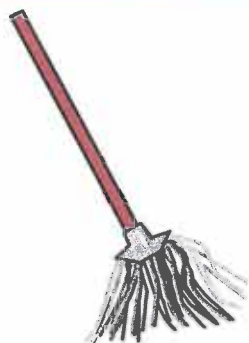
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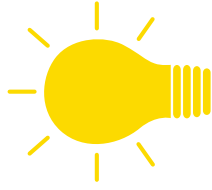


# Communicate in Print Images





# Action Plan

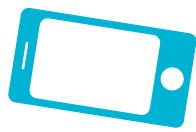


Name .....

What is going to help you?	How is it going to help you?	Who is going to help you?	When would you like it to start?
What else might help?			



# Review



Name .....

How much has it helped you?		
A lot	A little	Not at all

