



Derby City Council

My Life, My Journey

# Who Am I?

How I See Myself

Name .....

Age .....

Today's Date .....

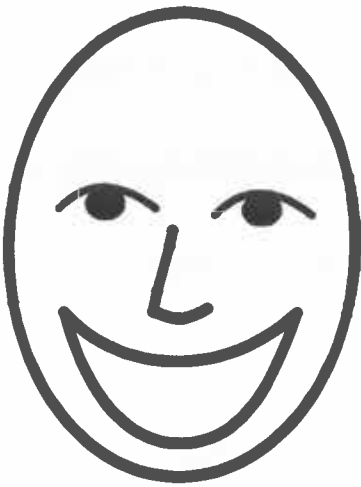




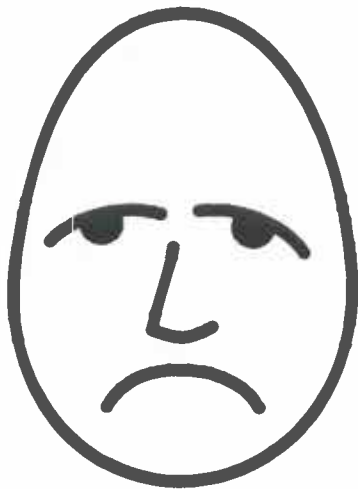
My Identity

How I see myself

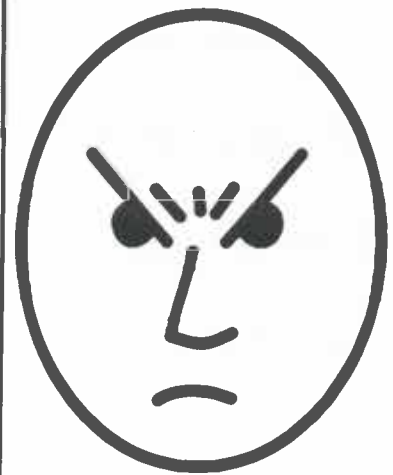
A large empty rounded rectangular box for writing or drawing.



Happy



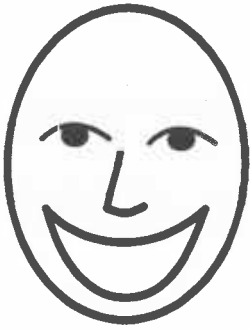
Sad



Angry



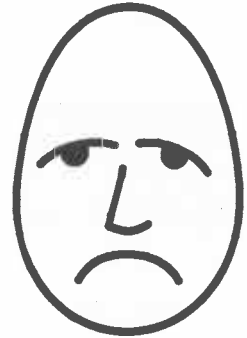
Notes



Happy



Fun



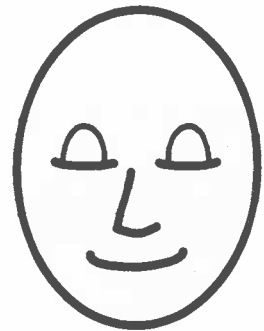
Sad



Kind



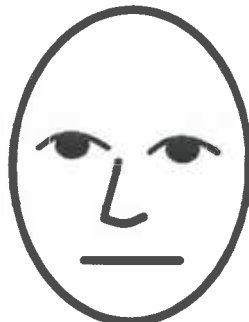
Worried



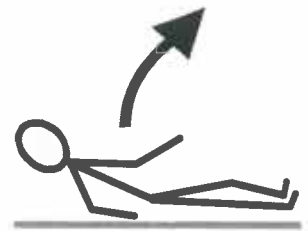
Calm



Unkind



OK



rock



Covering my eyes

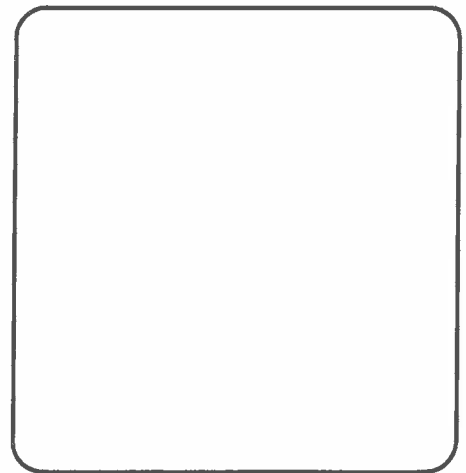
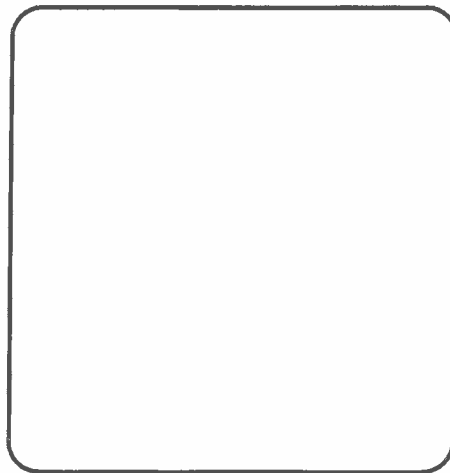
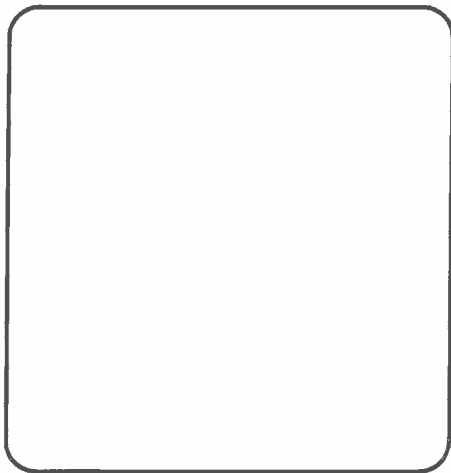
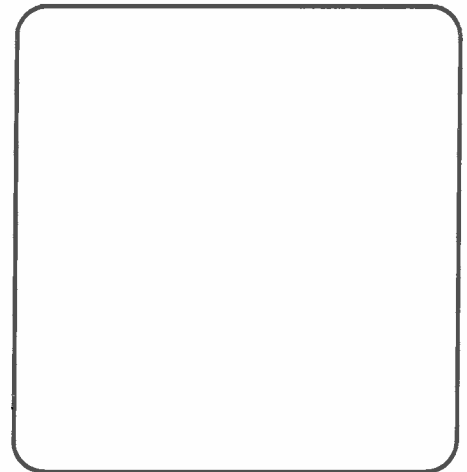
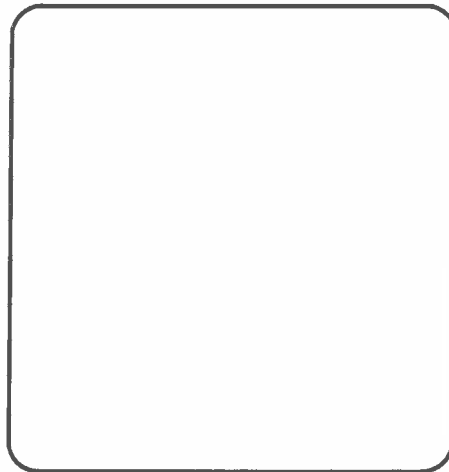
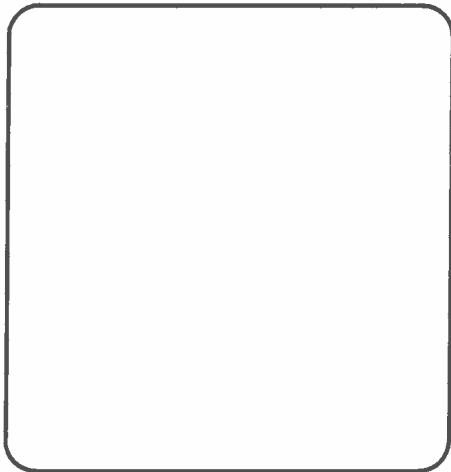
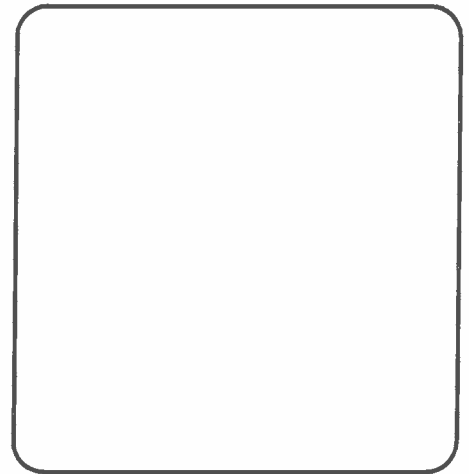
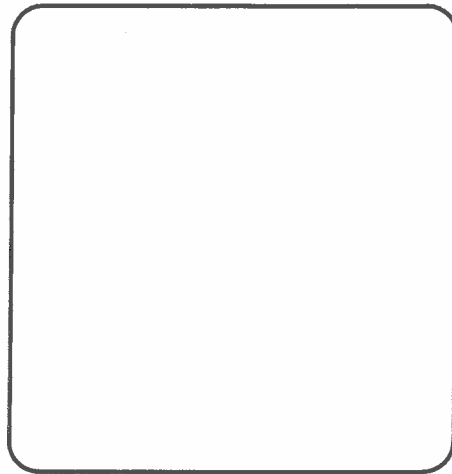
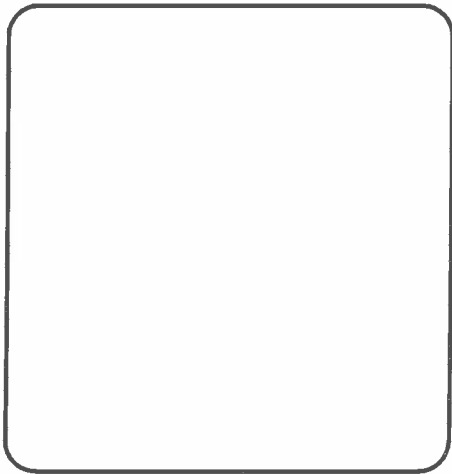
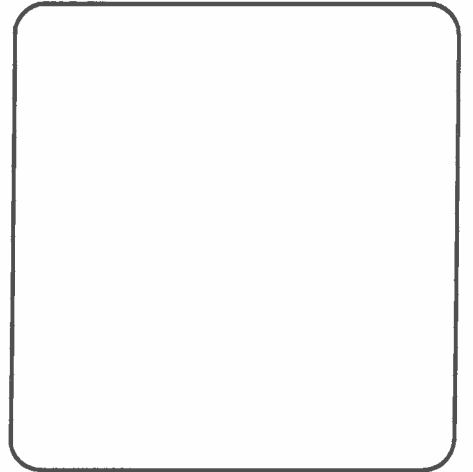
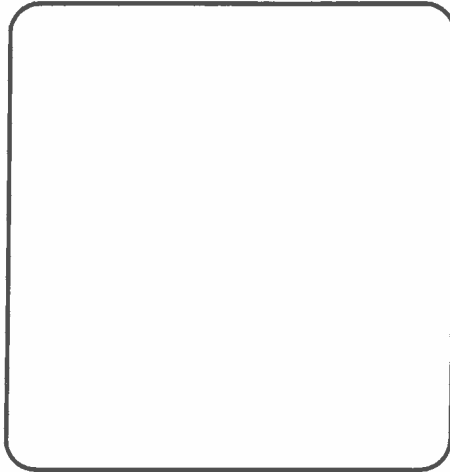


hug



squeal











Who

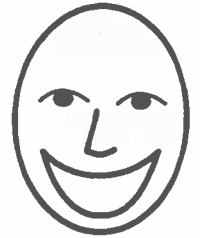


am I?

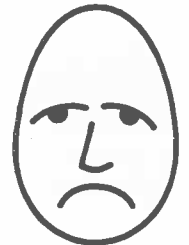


How others see me

When I am happy i...



When I am sad i...



When I am angry...







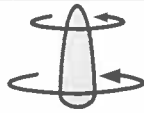
# Who am I



## Word List



Flap



Spin



Run



Throw



Twirl



Smile



Laugh



Hide



Scream



Cry

Squeal



Shout



Hit



Bang my head



Curl up on the floor



Freeze



Bounce



hug

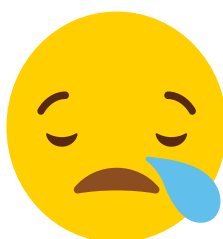


# How are you feeling today?

Happy



Sad



Excited



Sick



Tired



Bored



Confused



Angry

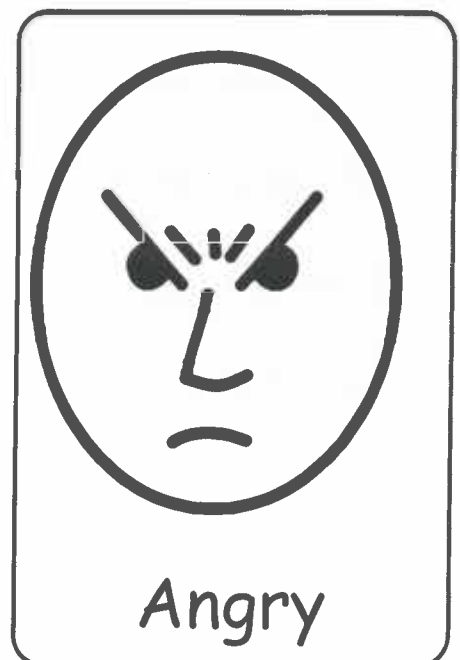
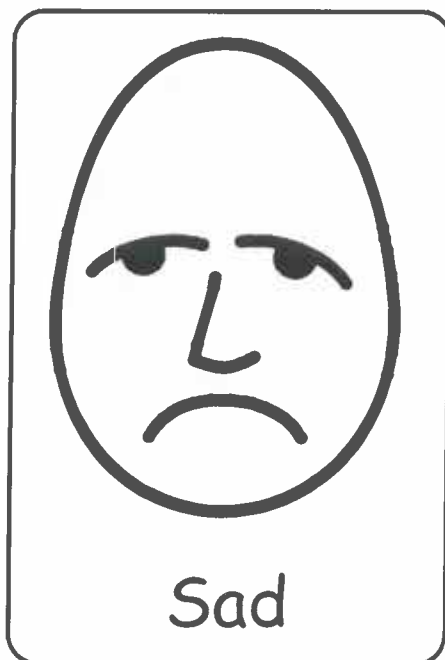
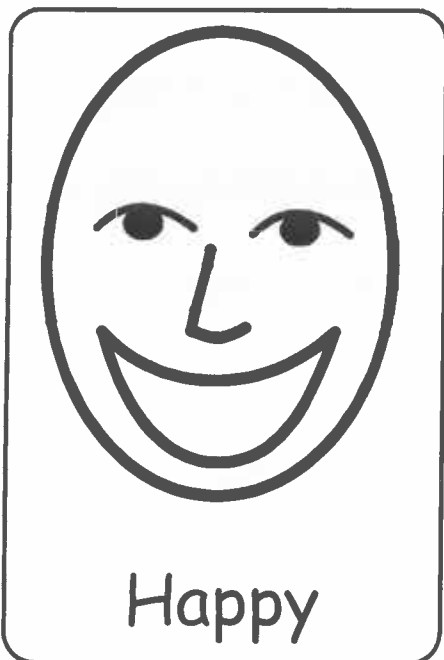


Frustrated





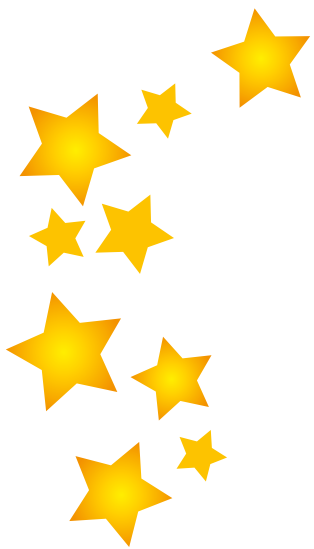
# How are you feeling today?







This is what I would  
change by waving my  
magic wand





# This is Me

I have lots of strengths and talents, including;

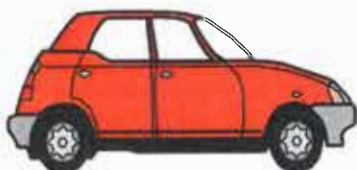
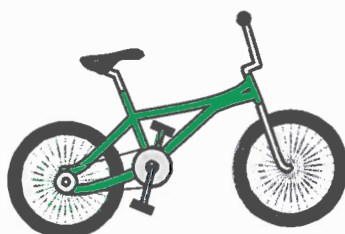
- |  |  |
|--|--|
| <input type="checkbox"/> Reading                                   | <input type="checkbox"/> Stories                 |
| <input type="checkbox"/> Spelling                                  | <input type="checkbox"/> Photography             |
| <input type="checkbox"/> Writing                                   | <input type="checkbox"/> Sports                  |
| <input type="checkbox"/> Drawing and art work                      | <input type="checkbox"/> Cooking                 |
| <input type="checkbox"/> Computers                                 | <input type="checkbox"/> Cleaning                |
| <input type="checkbox"/> Computer games                            | <input type="checkbox"/> Tidying up              |
| <input type="checkbox"/> Maths and numbers                         | <input type="checkbox"/> Putting things in order |
| <input type="checkbox"/> Remembering things                        | <input type="checkbox"/> Mechanical things       |
| <input type="checkbox"/> Music                                     | <input type="checkbox"/> Making things           |
| <input type="checkbox"/> Facts about my favourite thing, which is; | <input type="checkbox"/> What else?              |

_____	_____
_____	_____
_____	_____

I will tick the things that are true for me

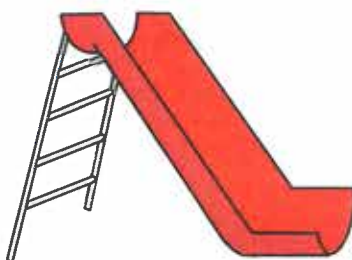
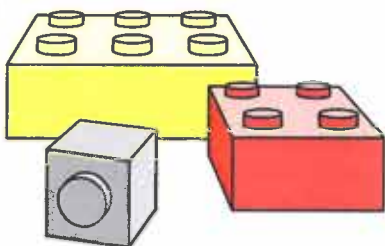
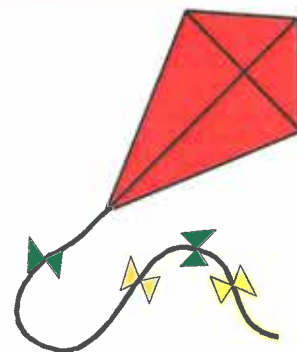
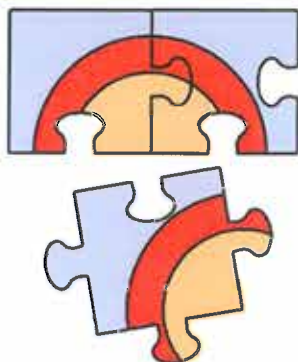
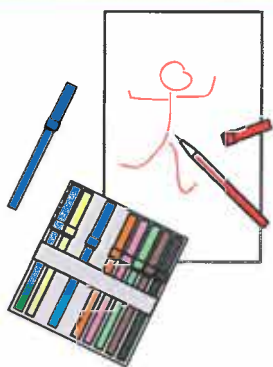
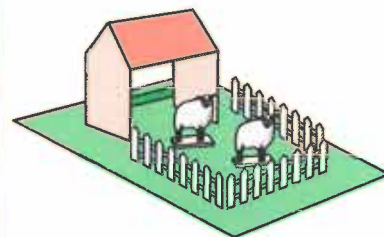
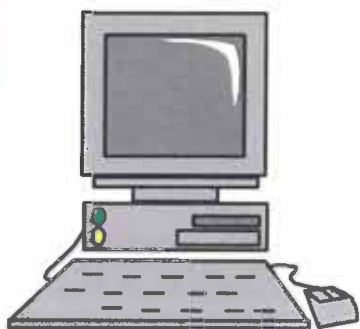
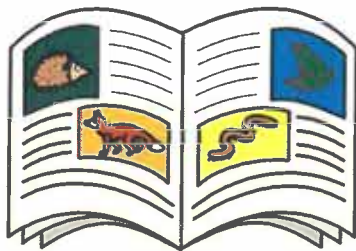


# Communicate in Print Images





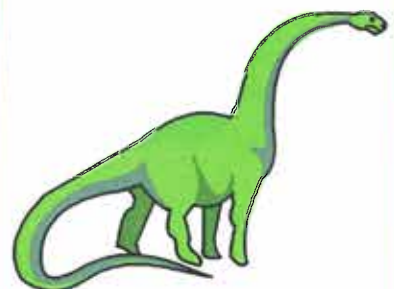
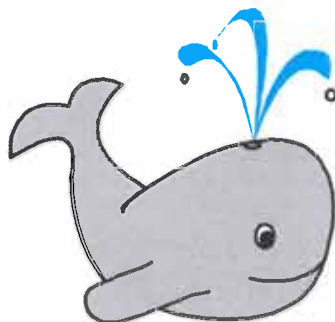
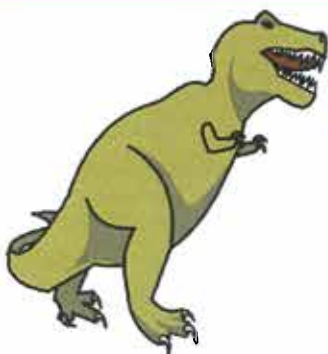
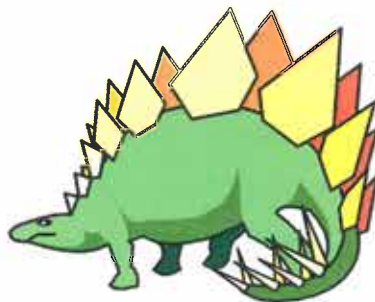
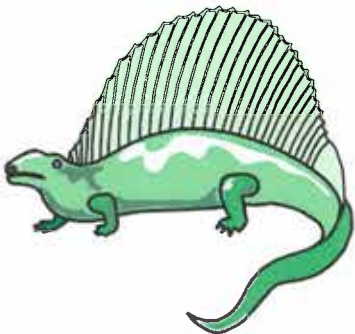
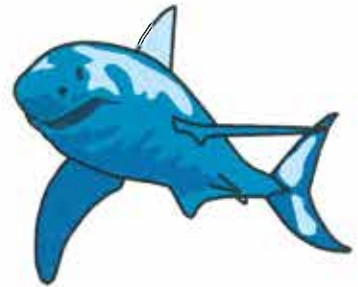
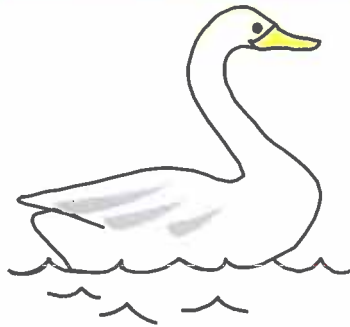
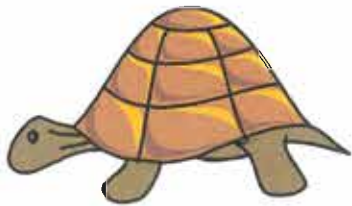
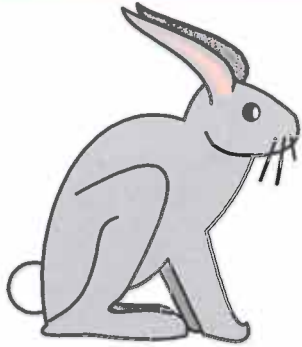
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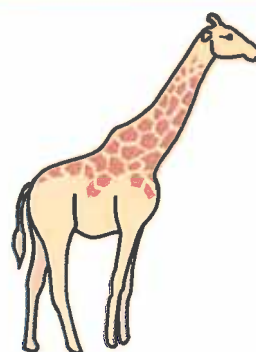
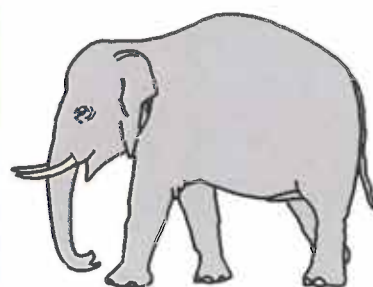
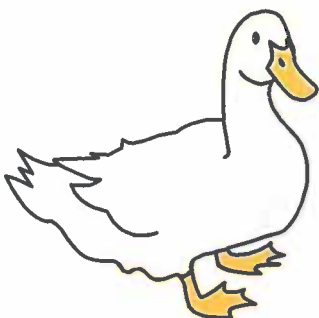
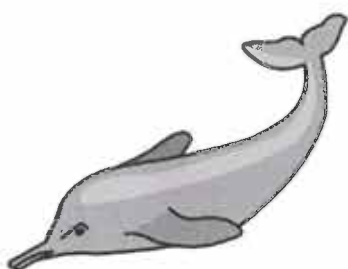
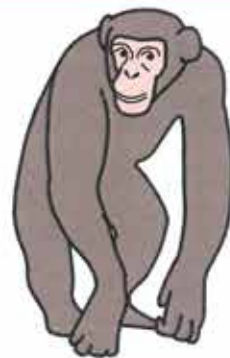
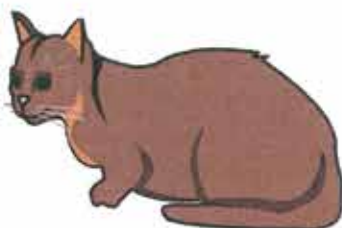
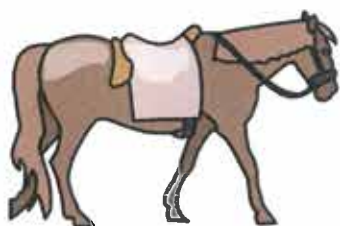
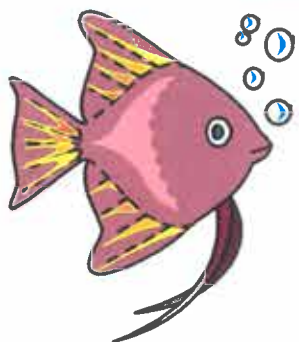


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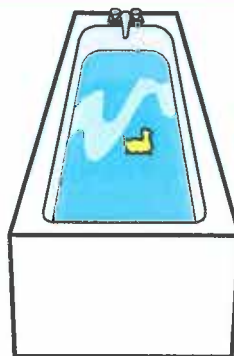
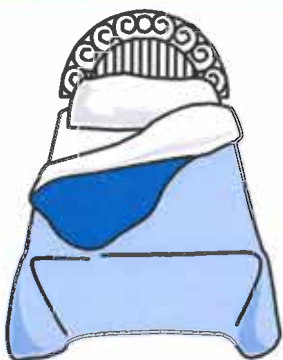
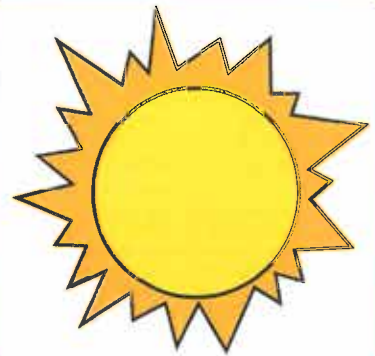
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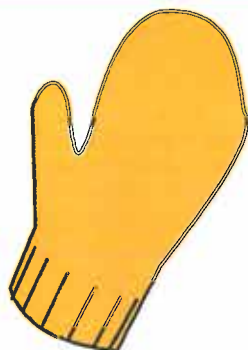
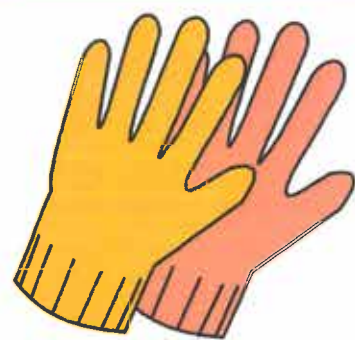
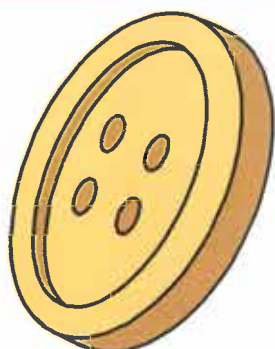


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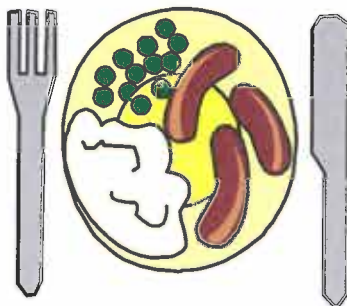
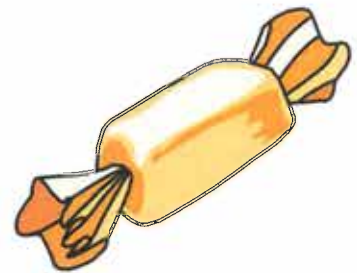
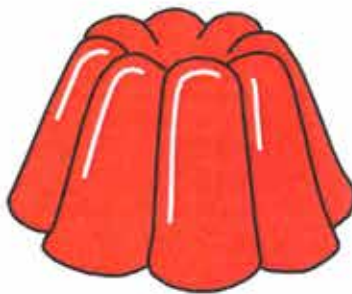
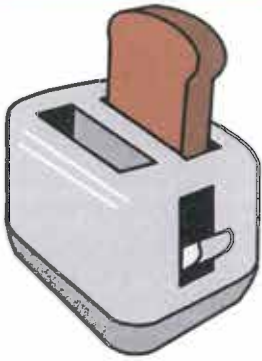
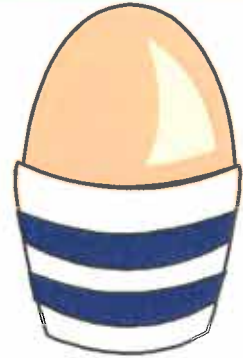
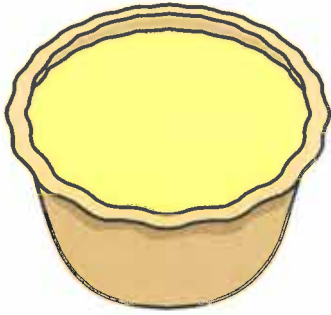
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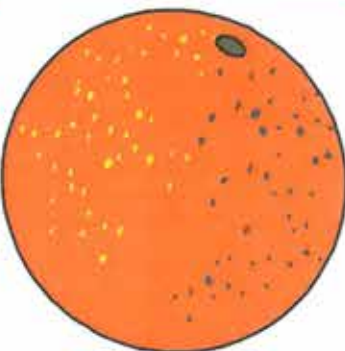
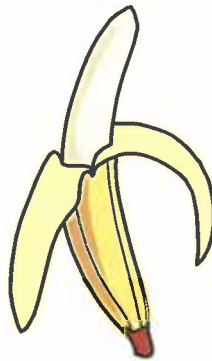


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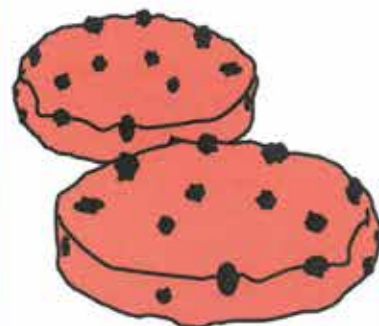
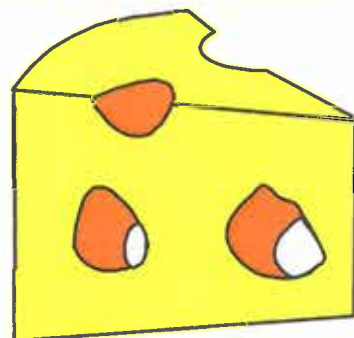
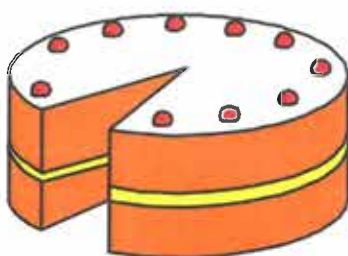
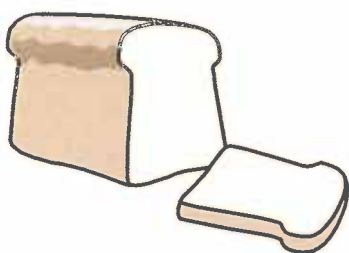
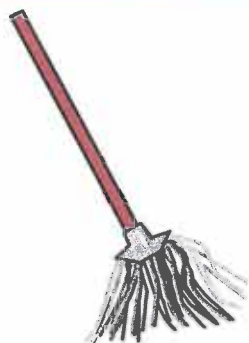
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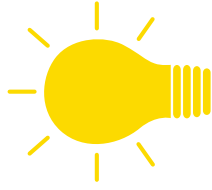


# Communicate in Print Images





# Action Plan



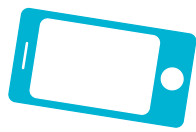
Name .....

What is going to help you?	How is it going to help you?	Who is going to help you?	When would you like it to start?
What else might help?			





# Review



Name .....

How much has it helped you?		
A lot	A little	Not at all

