

Guidance

At Home I Feel

Purpose

- To enable the child to have a voice which is listened to and acted upon.
- To enable the child to give their view on the support they receive.
- To enable the child to identify what help they would like and who from.
- To enable the child to have the opportunity to explore how they feel about home.
- To enable the child to give their views on actions for change.
- To enable the child or young person to review what has worked or not worked for them.
- To improve outcomes and evidence what difference listening to the child has made.

Guidance

- This tool is recommended for children aged 5 to 10 years (average cognitive ability).
- It is important to plan a safe space for children to participate in this work.
- The child should fill out the At Home I Feel worksheet (the practitioner can support the child but it is important that you write exactly what they say).
- Facilitate a discussion (without asking any leading questions) and ask the child to talk about:
 - how they feel about home and any concerns
 - why they feel this way.
- You are free of course to use this tool flexibly to meet the needs of the individual child.
- The child (with the support of the practitioner) should complete the action plan to identify the support they feel they may need. Practitioners should ensure their words are recorded and work progresses at a pace suitable to each individual child and set a date to review progress.
- The child with the support of the practitioner should complete the review form recording the child's words.
- The action plan and review should be used in line with other plan processes as appropriate, for example Team Around the Family (TAF), Children in Need (CIN) Reviews and Child Protection Reviews. This tool should contribute to the overall plan for the child.



Outcomes

- The child should feel their experience at home has improved.
- The child should be able to identify and share any worries or concerns they have.
- The child should be able to identify what has helped or not helped.
- The child and practitioner should be able to identify where further support is required and this should inform assessments and/or any future referrals.
- The practitioner should have a better knowledge and understanding of the child.



Derby City Council

Voice of the Child ...
so what difference will it make?

At Home i Feel

Name Age.....

Today's Date

How i'm feeling at home

Please tick the words that describe how you feel

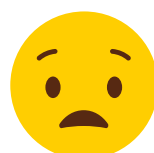
1. When I think about home I feel



Happy



Ok



Worried

2. When I think about my family I feel



Happy



Ok



Worried

3. When I'm with my brothers/sisters I feel



Happy



Ok



Sad

4. I think my behaviour at home is



Ok



Sometimes Ok

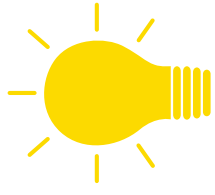


Not Ok

Is there anything else you would like to tell us about how you feel at home
– please write below

.....
.....

Action Plan



Name

Date

What is going to help you?	How is it going to help you?	Who is going to help you?	When would you like it to start?
What else might help?			

Review



Name

Date

How much has it helped you?

A lot

A little

Not at all

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