



Derby City Council

My Life, My Journey

At home I feel

Name

Age

Today's Date

How I'm feeling at home

Please tick the words that describe how you feel

1. When I think about home I feel



Happy



Ok



Worried

2. At home I think I am



Ok



Sometimes Ok



Not Ok

3. When I'm with my brothers/sisters at home I am



Happy



Sometimes Happy and Sad



Sad

4. I think my behaviour at home is



Good



Sometimes Good and Bad



Bad

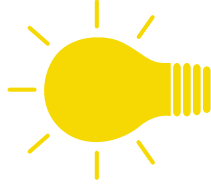
Is there anything else you would like to tell us about how you feel at home – please write below

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Action Plan



Name

What is going to help you?	How is it going to help you?	Who is going to help you?	When would you like it to start?
What else might help?			

Review



Name

How much has it helped you?

A lot

A little

Not at all

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