

Guidance for Practitioners

Improvement Ladder

Purpose

- To enable the child or young person to have a voice which is listened to and acted upon.
- To enable the child or young person to give their view on the support they receive.
- To enable the child or young person to identify what help they would like and who from.
- To enable the child or young person to identify any worries they may have.
- To enable the child or young person to give their views on actions for change.
- To enable the child or young person to review what has worked or not worked for them.
- To improve outcomes and evidence what difference listening to the child or young person has made.

Guidance

- This tool can be used with children and young people.
- Facilitate a discussion and ask the child or young person to talk about any worries or concerns they may have and what they would like to change or improve.
- The child or young person should write on the rungs of the ladder what they would like to change starting at the 1st rung of the ladder (the practitioner can support the child or young person but it is important that you write exactly what they say). The child or young person may not use all 5 rungs.
- You are free of course to use this tool flexibly to meet the needs of the individual young person for example using a puppet or using a large piece of paper and coloured pens.
- The child or young person (with the support of the practitioner) should complete the action plan to identify the support they feel they may need. Practitioners should ensure their words are recorded and work progresses at a pace suitable to each individual child or young person and set a date to review progress.
- The child or young person with the support of the practitioner should complete the review form recording the child or young person's words.
- The action plan and review should be used in line with other plan processes as appropriate, for example Team Around the Family (TAF), Children in Need (CIN) Reviews and Child Protection Reviews. This tool should contribute to the overall plan for the child or young person.



Outcomes

- The child or young person should be able to identify and share any worries or concerns they have.
- The child or young person should feel able to inform where positive change needs to take place.
- The child or young person should feel they have experienced positive change.
- The child or young person should feel they are being supported to make a positive change.
- The child or young person should be able to identify what has helped or not helped.
- The child or young person and practitioner should be able to identify where further support is required and this should inform assessments and/or any future referrals.
- The practitioner should have a better knowledge and understanding of the child or young person.



Derby City Council

Voice of the Child ...
so what difference will it make?

improvement Ladder

Name Age.....

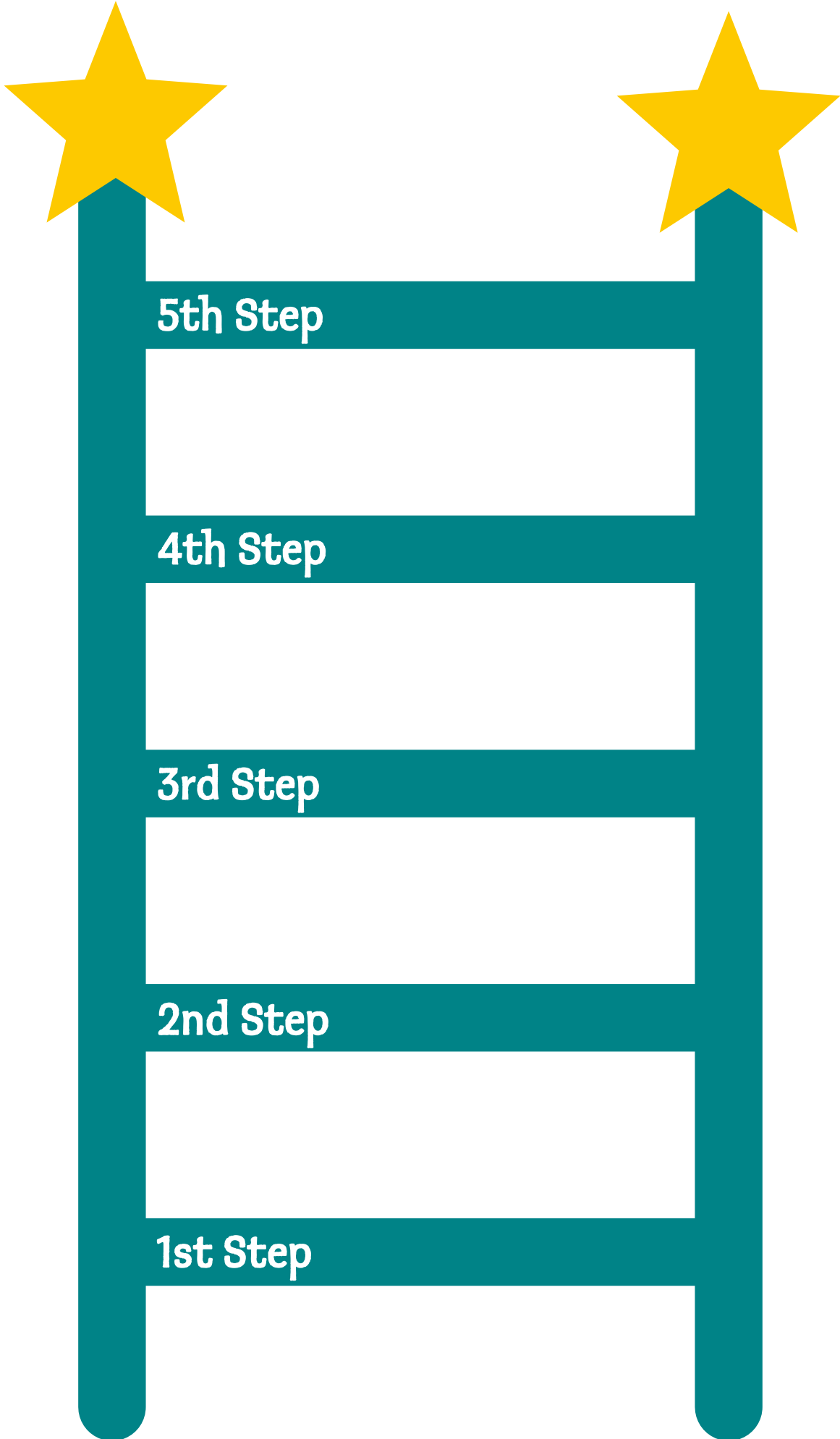
Today's Date

My Change Ladder

My Worries



What do i want to change?



A teal ladder with five steps and two yellow stars at the top. The steps are labeled from bottom to top: 1st Step, 2nd Step, 3rd Step, 4th Step, and 5th Step. Each step has a white rectangular area for writing.

5th Step

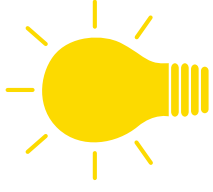
4th Step

3rd Step

2nd Step

1st Step

Action Plan



Name

Date

What is going to help you?	How is it going to help you?	Who is going to help you?	When would you like it to start?
What else might help?			

Review



Name

Date

How much has it helped you?

A lot

A little

Not at all

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