

# Adult Social Care

## Self Directed Support and Personal Budgets



# A simple guide to Self Directed Support and Personal Budgets

## ■ What is self directed support?

Self directed support is the new way Derby City Council provides adult social care. If you qualify for support from us, you can choose and control how you want your support to be provided, paid for by a personal budget.

A personal budget allows you to decide who supports you, when and how. To find out if you qualify for support, you will need to talk to us about what help and support you need.

## ■ What is a personal budget?

A personal budget is the money you could get from Derby City Council to help you pay for your care and support.

By using a Personal Budget, you will be able to plan and buy the kind of support you need to suit your own lifestyle, circumstances and hopes for the future.

## ■ Who can get a personal budget?

Anyone who is 18 or over and needs support may qualify for a personal budget.

## ■ How can I get a personal budget?

You can ask for an assessment to see if you qualify.

You tell us what support you need and we will tell you how much money we can give to help you.

We will discuss with you the money and benefits you have and tell you if you need to pay towards your support and how much that may be.

## ■ What can I spend my personal budget on?

You can be as creative as you like in spending your personal budget as long as you can show us that what you want to spend your money on is:

- effective in meeting your care needs
- legal
- affordable - within the budget given to you by the Council.

## ■ Where can I get help?

The good news is that there is lots of help available to you. To find out more contact us:

Tel: **01332 640777**

Web: **[www.derby.gov.uk/healthandsocialcare](http://www.derby.gov.uk/healthandsocialcare)**

We can give you this information in any other way, style or language that will help you access it. Please contact us on: 01332 640777  
Minicom: 01332 640666

## Polish

Aby ułatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku.

Prosimy o kontakt: 01332 640777 Tel. tekstowy: 01332 640666

## Punjabi

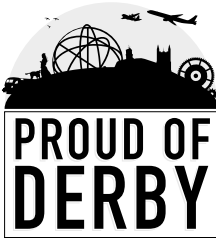
ਇਹ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਵੀ ਹੋਰ ਤਰੀਕੇ ਨਾਲ, ਕਿਸੇ ਵੀ ਹੋਰ ਰੂਪ ਜਾਂ ਬੋਲੀ ਵਿੱਚ ਦੇ ਸਕਦੇ ਹਾਂ, ਜਿਹੜੀ ਇਸ ਤੱਕ ਪਹੁੰਚ ਕਰਨ ਵਿੱਚ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਟੈਲੀਫੋਨ 01332 640777 ਮਿਨੀਕਮ 01332 640666 ਤੇ ਸੰਪਰਕ ਕਰੋ।

## Slovakian

Túto informáciu vám môžeme poskytnúť iným spôsobom, štýlom alebo v inom jazyku, ktorý vám pomôže k jej sprístupneniu. Skontaktujte nás prosím na tel.č: 01332 640777 Minicom 01332 640666.

## Urdu

یہ معلومات ہم آپ کو کسی دیگر ایسے طریقے، انداز اور زبان میں مہیا کر سکتے ہیں جو اس تک رسائی میں آپ کی مدد کرے۔ براہ کرا: 01332 640777  
منی کام 01332 640666 پر ہم سے رابطہ کریں۔



Derby City Council