GET IN TOUCH
FOR SUPPORT CONTACT THE REFERRAL LINE ON
07809 587007

MON TO FRI 8AM - 8PM SATURDAY 10AM - 4PM

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PROOF

www.changegrowlive.org/young-people



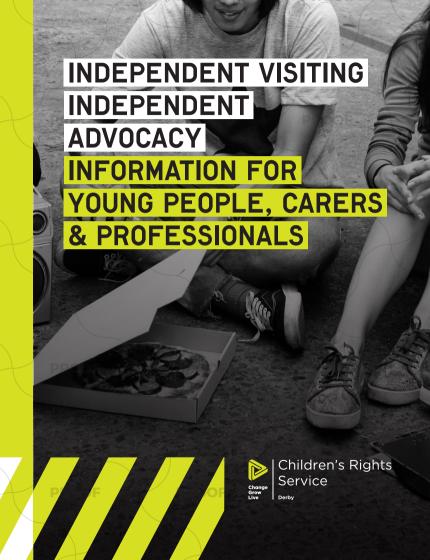
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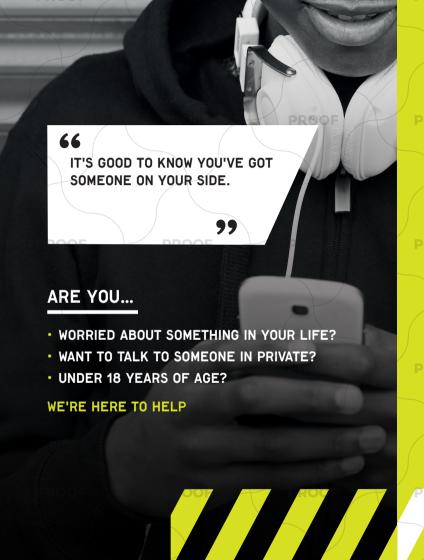


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## INDEPENDENT ADVOCACY

The Children Act says children and young people must be treated with respect; Advocacy ensures that children and young people are supported if they wish to make a complaint about a service they are receiving, or if they would like support to ensure their wishes and feelings are being heard. Advocacy is about empowering children and young people to make sure that their rights are respected and that their views and wishes are fully considered and reflected in decision making about their own lives. Your Independent Advocate can come to your review to support you to say what you want. They will ensure, whenever they can, that your views are heard and taken into account.

## INDEPENDENT VISITORS

- Independent Visitors are adults who give up some of their free time to support children and young people who live with a foster family or in residential care.
- Lots of different people are Independent Visitors; individuals both men and women of all different ages and from all different backgrounds. If you are a child or young person in care you may be eligible for an Independent Visitor ask your Social Worker about this.
- To make sure you have an Independent Visitor who is right for you, we look at what you like doing and what you don't and try to match you with someone who has similar likes and dislikes.
- They are separate from children's services and do not get paid for their time.