

GET IN TOUCH

FOR SUPPORT CONTACT THE REFERRAL LINE ON

07809 587007

MON TO FRI 8AM - 8PM

SATURDAY 10AM - 4PM

E: DCRS.ADVOCACY@CGL.ORG.UK

E: DERBYIV@CGL.ORG.UK

HALLIDAY HOUSE

ROOM 7, 2 WILSON STREET

DERBY

DE1 1PG

www.changegrowlive.org/young-people



facebook.com/changegrowlive



@changegrowlive



**Change
Grow
Live**

Change Grow Live Registered Office: 3rd Floor,
Tower Point, 44 North Road, Brighton BN1 1YR.
Registered Charity Number 1079327 (England
and Wales) and SCO39861 (Scotland) Company
Registration Number 3861209 (England and Wales).

INDEPENDENT VISITING INDEPENDENT ADVOCACY INFORMATION FOR YOUNG PEOPLE, CARERS & PROFESSIONALS



**Change
Grow
Live**

**Children's Rights
Service**

Derby



“

IT'S GOOD TO KNOW YOU'VE GOT
SOMEONE ON YOUR SIDE.

”

ARE YOU...

- WORRIED ABOUT SOMETHING IN YOUR LIFE?
- WANT TO TALK TO SOMEONE IN PRIVATE?
- UNDER 18 YEARS OF AGE?

WE'RE HERE TO HELP

INDEPENDENT ADVOCACY

The Children Act says children and young people must be treated with respect; Advocacy ensures that children and young people are supported if they wish to make a complaint about a service they are receiving, or if they would like support to ensure their wishes and feelings are being heard. Advocacy is about empowering children and young people to make sure that their rights are respected and that their views and wishes are fully considered and reflected in decision making about their own lives. Your Independent Advocate can come to your review to support you to say what you want. They will ensure, whenever they can, that your views are heard and taken into account.

INDEPENDENT VISITORS

- Independent Visitors are adults who give up some of their free time to support children and young people who live with a foster family or in residential care.
- Lots of different people are Independent Visitors; individuals - both men and women - of all different ages and from all different backgrounds. If you are a child or young person in care you may be eligible for an Independent Visitor - ask your Social Worker about this.
- To make sure you have an Independent Visitor who is right for you, we look at what you like doing and what you don't and try to match you with someone who has similar likes and dislikes.
- They are separate from children's services and do not get paid for their time.